

# Instructions for use

## 1-piece drainable

### 1 PREPARATION



Ensure skin is clean and dry before application. If the pouch is already pre-cut to the exact size, please proceed to **step 2**.



If the pouch needs to be cut to size, use the enclosed measuring guide to measure the size and shape of the stoma.



Using the cutting guide on the baseplate, cut a hole to fit the exact pre-measured size and shape of the stoma using curved scissors, taking care not to cut through the pouch film on the other side.

### 2 APPLICATION



**Did you know?** Filter covers are included which can be used when bathing or to prevent 'pancaking'. Apply the cover by lifting up the split fabric on the pouch and placing the cover over the filter, which can be seen as a dark circle.



Peel the protective film off the baseplate.



Align the centre hole of the baseplate around the stoma.



Starting at the bottom of the baseplate press gently against your skin, smoothing upwards and outwards to ensure the entire baseplate is securely adhered to the skin.

### 3 EMPTYING



3a

Peel both hook tabs off the Velcro® strip.



3b

Unfold the outlet in the position where you want to empty the pouch. Hold the bottom of the outlet with one hand and pull upwards on the opening tab to make a larger opening for emptying.



3c

Allow contents to drain into the toilet. Clean the outlet in one sweeping movement away from your body. Ensure outlet is fully clean before re-folding. **To close:** Fold the outlet back up and secure by attaching the two hook tabs onto the Velcro® strip.



3d

Tuck the Velcro® strip up under the split at the bottom of the pouch fabric and attach to the Velcro® dot for added comfort and discretion.

### 4 REMOVAL



4a

Gently remove the pouch by peeling the baseplate downwards and away from the skin. Apply light pressure to your skin with your free hand to aid removal.

The use of a medical adhesive remover product is highly recommended.



### 5 DISPOSAL



5a

Place used products into a waste bag and waste bin.



5b

Do not flush the product down the toilet. Dispose of waste products in accordance with local guidelines.



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