Flexima® Active

Instructions for useUrostomy



Measure your stoma and cut the baseplate to the appropriate size/shape. Remove the protective backing from the baseplate, exposing the adhesive part.



Fold your pouch in half, line up bottom edge of the hole to bottom edge of the stoma and press the lower half of the pouch into place.



Fold the top over the stoma and press adhesive to the skin.

POUCH EMPTYING



Direct the end of the pouch towards the toilet bowl, slowly turn the tap towards the right allowing the pouch to empty.



Once the pouch is empty, turn the tap back to the left position so it is closed.

POUCH REMOVAL



Starting at the top of the pouch, gently peel the top edge away from the skin, supporting the skin with the other hand. Peel the pouch downwards, away from the skin. The use of a medical adhesive remover product is highly recommended.



NIGHT DRAINAGE BAG

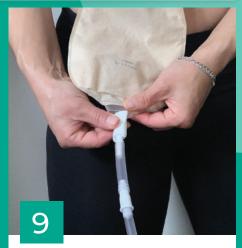
TIP Leaving a little urine in the pouch before connecting the night drainage bag will make it flow more easily.



Clip on the connector by squeezing the wings and pushing it onto the end of the tap.



Remove the green lid and plug the night drainage bag into the connector.

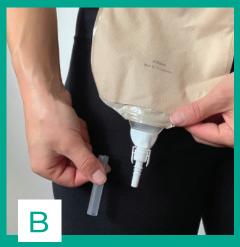


Open the tap on the pouch to allow the urine to flow.

SIMPLIFIED CONNECTION TO NIGHT DRAINAGE BAG



Cut corrugated tip off night drainage bag.



Remove plastic tubing from connector.



Insert white connector into night drainage bag.



EMPTYING & CLEANING NIGHT DRAINAGE BAG

Empty night drainage bag into toilet by pressing green tap sideways. Close the pouch tap before disconnecting the night drainage bag.

Clean and store your night drainage bag as directed by your specialist nurse.

