



Flexima® 3S

Instructions for use

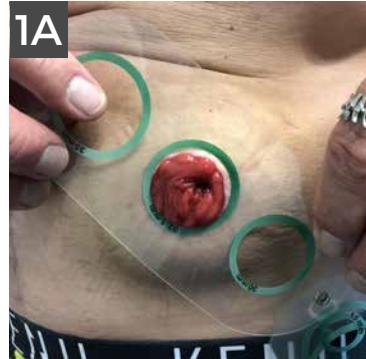
1. Before applying the baseplate

1A. Use a measuring guide to determine the size of your stoma.

1B. Cut the skin barrier to the measured size of your stoma.

It is important to cut the baseplate to the right size and shape of your stoma. Remain within the maximum possible cutting line on the baseplate and allow about 2mm around your stoma for a secure fit. The stoma should not be strangled by the base or the opening too wide to cause skin irritation from your output.

Note: Regularly check the size of your stoma and adjust the cutting area if necessary.



2. Preparing the skin

Gently clean the skin around your stoma with warm water. Pay particular attention to where the stoma and skin meet. Ensure skin is dry before applying the baseplate.

Alcohol, creams and other antiseptics may prevent the base from staying in place and should be avoided.

3. Preparing the baseplate

3A. Remove the protective backing off the baseplate. Position the baseplate over your stoma taking care to place the 3 buttons at the top.



3B. Carefully press baseplate on and ensure baseplate is well stuck down all around stoma and edges of baseplate.



4. Clipping the pouch

4A. Check that the outlet of the pouch is closed (urostomy and drainable).

Hold the pouch by its side wings.



4B. Insert the guiding tab, situated at the bottom of the coupling ring, into one of the slots at the bottom of the base ring (depending on which position you want to use the product in).



4C. Clip the pouch's upper tab on to the corresponding base button.



4D. Interlock the two rings by pressing them together over the entire circumference.



4E. It is possible to place the thumbs under the base plate ring to obtain a better grip.



4F. Finalise the coupling of the two rings.

A gentle tug on the pouch will confirm the pouch is locked securely in place.



5. Removing the pouch

Un-clip the button from the baseplate.

5A. & 5B. While supporting the baseplate with one hand, separate the two rings by pulling gently on the upper button from the baseplate of the pouch in a downward motion.



6. Drainable pouches

Closing the drainage outlet.

Fold the outlet four times using the guide and fold the tab back. To seal the pouch, apply pressure to the two self-fastening strips facing each other.

Emptying the pouch.

6A. Position yourself to carry out the drainage, release the two self-fastening strips and unroll the sleeve. Be careful, the drainage will start at this point. To fully open the outlet place your fingers on each side.

6B. Once the drainage is complete, expel, as much as possible, any matter still in the sleeve by pressing lightly from the top to bottom. Carefully clean using toilet paper.



7. Drainable High Flow pouches

Use the cap provided in the box to close the pouch.

To empty your pouch, remove the cap and point the pouch's opening towards the toilet bowl.

Once drainage is complete, clean with toilet paper and close with the cap. If necessary, the pouch can be connected to a higher capacity collection pouch (Braun High Flow Collector).



8. Urostomy pouches

Handling the drainage tap.

8A. Point the drainage system towards the toilet bowl, slowly turn the tap counter-clockwise until the desired flow rate is obtained.

To close the tap once the pouch has been emptied, turn clockwise until it has returned to its original position.



Connecting to an overnight bag.

8B. Connect the pouch tap to the overnight bag using the connector.

Leaving a little urine in the pouch before connecting will mean easier flow into the overnight collection bag

Open the tap on the pouch to allow the urine to flow.

Close the tap before disconnecting.

