

# Instructions for use - Ileostomy



1  
Close the outlet on your pouch before applying.



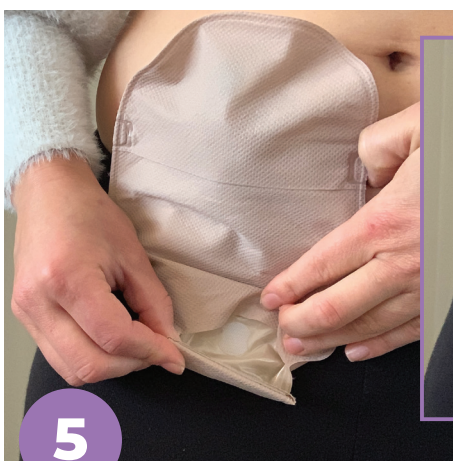
2  
Measure your stoma and cut the baseplate to the appropriate size/shape. Remove the protective backing from the baseplate, exposing the adhesive part.



3  
Fold your pouch in half, line up the bottom edge of the hole to the bottom edge of the stoma and press the lower half of pouch into place.



4  
Fold the top over the stoma and press adhesive to the skin.



5  
For a more discreet look the outlet can be tucked up under the pouch fabric and held in place by Velcro dot.



## POUCH EMPTYING



6

Peel back velcro and unfold outlet.



7

Lift easy grip tab and gently squeeze the sides to help empty and clean the outlet.



8

Fold up outlet towards you 3 times and seal Velcro. For a more discreet look follow step 5.

## POUCH REMOVAL



9

Starting at the top of the pouch, gently peel the top edge away from the skin, supporting the skin with the other hand. Peel the pouch downwards, away from the skin. The use of a medical adhesive remover product is highly recommended.



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