

# Instructions for use - Colostomy



**1** Measure your stoma and cut the baseplate to the appropriate size/shape. Remove the protective backing from the baseplate, exposing the adhesive part.



**2** Fold your pouch in half, line up the bottom edge of the hole to the bottom edge of the stoma and press the lower half of pouch into place.



**3** Fold the top over the stoma and press adhesive to the skin. To secure well, run a finger around the baseplate from centre to outer edge.

## POUCH REMOVAL



**4** Starting at the top of the pouch, gently peel the top edge away from the skin, supporting the skin with the other hand. Peel the pouch downwards, away from the skin. The use of a medical adhesive remover product is highly recommended.



Care Solutions