User Guide



Instructions for use – 1 Piece

We believe that keeping the skin healthy around your stoma is important.

The new Aurum[®] pouches include medical grade Manuka honey in the skin-friendly base plate (the adhesive wafer that sticks to your skin). Historical research has shown this type of medical grade Manuka honey has characteristics that kill bacteria and reduce inflammation. Helping to promote healthy skin around your stoma.

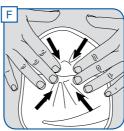
- 1 Preparing the base plate (the adhesive wafer that sticks to your skin)
 - Cut the base plate to the size of your stoma using the measuring guide (A). It is important to cut the base plate to the right size and shape of your stoma. Using the measuring guide (B) and remaining within the maximum possible, cut out allowing 2-3mm around your stoma. It should not be strangled by the base or too wide to cause skin irritation from your output.
 Note: It is important to regularly check the size of your stoma and adjust the cutting area as necessary.

2 Preparing your skin

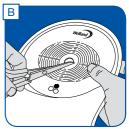
- Gently clean the skin around your stoma with warm water (**C**). Ether, alcohol and other antiseptics may prevent the base plate from staying in place and should be avoided.
- Carefully dab dry. It is important that the skin surrounding your stoma is completely dry before putting on a new pouch.

3 Applying a new pouch

- Remove the protective cover from the base plate (D).
- Begin putting on your pouch by positioning the base plate on the skin immediately below your stoma **(E)**.
- Press the base plate from centre to edge with your fingers to ensure it is securely in place.
 Continue around the stoma until you are certain the base plate fits snugly and securely (F).

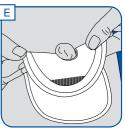












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4 Removing the pouch

- Pull slightly on the top of the pouch and slowly remove the pouch from the top to the bottom (G).
- Maintain gently pressure on the skin around the stoma with your other hand until the pouch is completely removed. Place the used pouch into a small disposal bag, tying a knot before placing into a waste bin **(H)**.

Drainable pouches

- Closing the drainage outlet:
 - Fold the outlet 4 times towards you using the guide. To seal the pouch, apply pressure to the two velcro tabs facing each other **(I)**.
- Emptying the pouch:
 - Position yourself to carry out the drainage. Release the velcro and unroll the sleeve. To fully open the outlet, pull the white tab at the bottom of the sleeve (J). Drain and empty the pouch contents into the toilet.
 - Carefully clean using a non-shedding material (K).

Urostomy pouches

- Handling the drainage tap:
 - Hold the drainage system up towards you and release the outlet tap **(L)**.
 - Point the drainage system towards the toilet bowl and empty the bag.
 - Place the tap back into the outlet and tuck into the pocket located inside the pouch **(M)**.













For more information contact our Customer Service Team AU 1800 819 274 | NZ 0800 440 027

